

# 30 creative icebreaker questions

How to kick start your meeting,  
presentation, training or dinner party

Create & Connect

*Inspire change through creativity*



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# Why break the ice?

Let's say you're invited to attend a brainstorming meeting, a training or even 'just' a dinner party. Let's say you don't know many or any of the people attending.



People tend to close up, are shy and not much fun is being had at the beginning. Wouldn't you be happy if someone tried to loosen up the situation, break the ice a little bit?

# An example

I was in a training myself recently and their icebreaker, introductory question to participants was:

‘What is your favorite drink?’

And although it was interesting to hear that some people prefer water over beer, I was thinking that there must be better, more creative questions to ask people.



# 30 creative icebreaker questions

1

**Name one thing no one in this room knows about you.**

Especially good for existing teams or groups of people/friends that do know each other (or think they do).

2

**If you didn't have to worry about your job and lack of time, which side project would you start?**

Most people have something going on a side burner, something they are passionate about.



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**What one location would you want to visit before you die?**

This can be altered 'activity you want to do', 'person you'd want to meet' etc.

4

**Why did the chicken cross the road?**

Silly, fun and likely to give the most diverse answers.



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**I am creative every day by...**

Replace 'creative' by any adjective related to your workshop.

6

**If I were 5 years old now, I would introduce myself like this: ...**

Kids are much more natural when they talk about themselves. They don't think about etiquette and looking foolish. Allows people to invent, be silly, dance.



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**If I were a book, I would be: ...**

Allows for a wide range of titles. And of course: tell me what you read and I will tell you who you are.

8

**I am currently reading...**

A variation of number 7





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**My tombstone should read the following sentence:**

A bit macabre maybe, but good for coaching sessions.

10

**My passion, in one word is:...**

People usually have one thing they LOVE. Getting it into one word makes them thing and tells a lot about them at the same time.



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**If I could invent anything to solve a problem, it would be...**

Oooh, let's see: a device that cleans up after my kids

12

**I am going to a deserted island (with no electricity and internet connection) and I am taking the following 3 things:...**

A classic, but tough when you take some modern every day connectivity away..



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**Give us your favorite happy song to put us in a good mood:...**

You can then play them with [Spotify](#) while waiting for everyone to arrive. Put on '[Walking on Sunshine](#)' by Katrina and the Waves and I am instantly jumping around.

14

**Give us 3 random words/verbs with which your right hand neighbor has to make a sentence starting with I am...**

People love to get others in trouble and this is a funny way of doing that. Of course everyone gets to be in that situation.



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**I am a slogan and it says:**

Reveals a lot about the person and their ability to present themselves in an original way.

16

**If you could have a super power, what would it be?**

Think flying, being invisible, turning things to stone, making everyone happy,...



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**What's the strangest thing you've ever seen?**

This can be weird, horrible, beautiful. The strangest, most blue and beautiful thing I ever saw were Tridacnas. They seem to breathe in life and are very female and sexy.

18

**If a genie could fix one thing in your daily life that bothers you, what would that be?**

This can be anything from socks getting lost in the washing machine over my cable company's call center to my love life.



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**What one item would I find in your refrigerator right now?**

This says a lot about personality traits and food preferences. No need to sum up a whole list of all items. Just one will do.

20

**If Hollywood made a movie about your life, whom would you like to see play the lead role as you?**

This shows the person's interest and personality. And probably their favorite actor/actress.



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**You are the front line of tomorrow's newspaper. What does the title say?**

Give people a [paper printout](#) of an empty newspaper and let them fill in with black markers.

22

**You were just given a yacht. What would you name it?**

Silly, but it makes people come up with the weirdest, funniest names.



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If you could turn your name into a verb (like 'to google', 'everybody Wang Chung tonight') what action would your name be?

This is actually most effective (and fun) when each person has to answer this about another person. It also tells a lot about how others see you.

24

What was your favorite tv show when you grew up?

I grew up in the 80ies so I loved Dynasty, and Family. But also Pan Tau and Pippi Longstocking





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The great theologian Andy Warhol stated that everyone gets 15 minutes of fame. What happened during your 15 minutes? I spoke at [Tedx](#) 😊. Only 6 minutes, but still

26

Name the most famous person you have met (as in shaking hands, not just seen in concert).

This works well in an international group where people are more likely to have met different 'stars'. For me I guess it would have to be the Luxembourg Grand Duke, like about every other resident. Or maybe [Christine Kane](#).



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**What was your nickname growing up or now?**

As a kid, I was called Mirinda which was a soft drink back then. I did NOT like that. Later people called me Sam. Now it's just Miranda or Mimi.

28

**When was the last time you did something for the first time? What was it?**

Organizing a retreat, my speech at Tedx, jumping out of a plane...



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**What is your favorite quote?**

Says a lot about people's values. Mine is: 'Nobody can make you feel inferior without your consent' - Eleanor Roosevelt

30

**What's the most interesting "Ice Breaker" Question you have ever been asked?**

They are listed here. If you have some more, shoot!



# Create and Connect

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Our passion is to create a better world through inspired creativity and collaboration. With a special affinity for helping women, small businesses and entrepreneurs, **Create & Connect** works with like-minded people to make a difference by raising the bar beyond the status quo.

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